



PAMELA SOMMERS

AUTHOR & ENTREPRENEUR

CONTACT

E: hello@pamelasommers.com
W: pamelasommers.com
W: sommersparkle.com

ACCOMPLISHMENTS & AWARDS

5 Star Award of Excellence
The International Review of
Books - Life Lessons from a 40
something...

International Best Seller
Life Lessons from a 40
something...

#1 Amazon Best Seller
Building Castles In the Sky: How
To Make Your Dreams Come True

Couple's Choice Awards
Winners for 2 consecutive years -
Wedding Wire - SommerSparkle

SOCIAL



@pamela.sommers



@PamelaSommersOfficial
@SommerSparkle

ABOUT

Pamela is a leading expert in self-help and personal growth.

She helps women overcome limiting beliefs and unlock their highest potential, through her award-winning and bestselling books.

She also helps women look amazing and feel fabulous as the Founder of a multi award-winning online jewellery and accessories boutique called SommerSparkle.

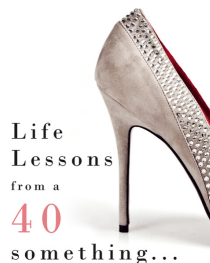
Pamela is passionate about helping people make their dreams come true.

TOPICS OF EXPERTISE

- Well-being
- Self Care
- Mind, Body, Spirit
- Mindfulness
- Spirituality
- Self Esteem
- Balance
- Mindset
- Motivation
- Entrepreneur Life
- Goal Setting
- Time Management
- Self Discipline
- Personal Finance

BOOKS

PAMELA SOMMERS



PAMELA SOMMERS
Award-winning Author & Entrepreneur



PAMELA SOMMERS
Award-winning Author & Entrepreneur



AS SEEN IN

HUFFPOST

As seen in
SUCCESS VOGUE

THRIVE GLOBAL

INDEPENDENT

METRO

house of COCO

Belfast Telegraph DIGITAL

FEMALE FIRST

FEATURED ON
LADYBOSSBLOGGER

Woman's Own